Keynote presented to:

2019 Arkansas AARP Volunteer Summit Title: Meet Me on the Mountain...

Wednesday, September 18, 2019

Approximately 45 minutes, Winthrop Rockefeller Institute, Rock Theater Approximately 70 attendees

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Keynote presented by:

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52 evaluations submitted – ratings were made from 1 to 5 with 5 as the highest rating:

AARP

ARKANSAS

Quality / quantity of information presented: ----- 4.77 out of 5 = 95.4 %Manner in which the information was presented: ----- 4.88 out of 5 = 97.5 %Usefulness of this information to your needs: ----- 4.75 out of 5 = 95.0 %Degree to which this presentation met expectations: --- 4.78 out of 5 = 95.6 %

By way of evaluation participants were encouraged to finish the following open-ended sentence:

"I would say this Keynote... (Responses included the following)

- ...was both entertaining and insightful Thanks!"
- ...is inspiring."
- ...very timely!"
- ...knows his stuff and how to inspire others."
- ...very inspiring"
- ...was inspiring! Great storytelling."
- ...is an excellent start and lays the foundation for our discussion and activities."
- ...was excellent, inspiring, relevant!"
- ...was excellent!"
- ... Speaker was awesome."
- ...was funny and informative"
- ...set the tone of today. Uplifting"
- ...was totally appropriate."
- ...what's important."
- ...has shortened the distance between difficulty and what's important."
- ... Excellent Outstanding."
- ...so inspiring!! Thank you & God Bless."
- ... motivated me to do more for all the organizations where I volunteer. I will also take leave to the 'Mountain'"
- ...is a real storyteller."
- ...hit all the right notes."
- ...lifted my soul. Fantastic delivery, informational and inspirational!"
- ...just the right start to get us focused and motivated!"

Thematic starting point:

a statement from the website of the Winthrop Rockefeller Institute

Winthrop Rockefeller came to a mountain and changed the world around him. We invite others to do the same.

Thematic development:

Meet Me on the Mountain

- 1) To Avoid Distractions
- 2) To Narrow the Distance
- 3) To Accomplish the Difficult

Each attendee received a small, laminated card summarizing stories and illustrations used to expand on each of the major points.



